

YEAR 5/6 BERRY CAMP Monday 14th October

Information for parents - Getting ready for camp

Packing checklist: Please label clothing, towels and sleeping bag with your child's name

Shorts and t-shirts (no singlets, sleeveless or midriff tops)

Jeans

Jumpers and tracksuit pants

Socks and underwear

Raincoat

Warm jacket

Pyjamas

Swimming costume and rash shirt

Sunscreen, sunhat and sunglasses

Two pairs running shoes (one old pair to wear on the water)

Toiletries, including soap (no aerosols)

Two towels

Pillow, sleeping bag or doona and a bottom single bed sheet

Day-backpack

Paper, pens or pencils

Plastic bags for dirty or wet clothes

Medications (if required)

Handkerchief or tissues.

Water Bottle

Optional:

Camera

Souvenir money (limit of \$30). Money must be given to teacher in an envelope with child's name and amount.

What not to bring to camp:

Aerosol cans (e.g. spray on deodorant or insect repellent)

Mobile phones and other electronic devices

Lollies or chewing gum

Jewellery

Anything valuable.

Luggage

One travelling case/bag and a sleeping bag is allowed per child and should be clearly marked with your child's name, address and phone number. Remember, your child will have to carry their luggage, so make sure it's not too big or too heavy. Handy hint: Pack items needed on the trip in a smaller, light bag.

Medical Information

Your child should bring enough medication for the duration of their stay. All medicines should be in original packaging and clearly marked with your child's name, the prescribed dosage and frequency. .

Asthma and/or anaphylaxis

Children with asthma should bring their own peak flow meters and keep their inhalers with them at all times.

Children at risk of anaphylaxis need to bring at least one adrenaline auto injector.

On catered programs, children who are at risk of food related anaphylaxis will be required to wear a red wristband.

This is an extra precaution to assist staff when managing situations where food allergens may be present.

Bed wetting

If your child is prone to bed wetting, please let the school or Centre staff know beforehand, so staff can deal with the situation in a discreet and caring manner. Laundry facilities are available, please provide a waterproof mattress protector if required.

BEHAVIOUR - Please make sure your child is very clear on their behavioural responsibilities. It is essential that their behaviour is exemplary as they are representing their school and future groups travelling from Bodalla. Children who misbehave will run the risk of being sent home from camp.